

UNTOLD PERSPECTIVE

Emma Poole

New feelings ebb and flow
While going through the motions

Struggles loudly clear, hearing voices
Keeping me awake at night

Many negative influences,
Despite positivity flowing

I can't hide what I cannot control
As I look to my peers

I take the stress of bearing
All these hurtful words

Lonely, scared, and worried,
Can't find any happiness

Embarrassment, shame, and tears
Are these feelings over yet?

No turning around, as
I can't change the past

This misery is seen and understood
As there are "no band-aids for the growing pains"